

PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT

Early Years Framework

AUTUMN 1

- Build constructive and respectful relationships
- Explain the reasons for rules.
- Work and play cooperatively.

1

AUTUMN 2

- Manage their own needs: Personal hygiene (going to the toilet, washing hands)
- Build constructive and respectful relationships
- Able to give focused attention and respond appropriately even when engaged in an activity.

2

SPRING 1

- See themselves as valuable individuals.
- Express their feelings and consider the feelings of others.
- Able to wait for what they want.
- Follow instructions involving several ideas or actions.
- Manage their own needs: dressing.

3

SPRING 2

- Think about the perspectives of others.
- Set and work towards simple goals.
- Able to control immediate impulses when appropriate.
- Know right from wrong and try to behave accordingly.
- Turn taking.

4

SUMMER 1

- Identify and moderate their own feelings socially and emotionally.
- Show resilience and perseverance in the face of challenge.
- Confidently try new activities.

5

SUMMER 2

- Know and talk about the different factors that support their overall health and wellbeing: regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine and being a safe pedestrian.
- Show increased independence.

6

PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT END POINT

Early Years Framework

ELG: Self-Regulation

Children at the expected level of development will:

- Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

ELG: Managing Self

Children at the expected level of development will:

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

ELG: Building Relationships

Children at the expected level of development will:

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.